



Section – I

List of Mother Tincture

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Abies nigra

Clinical: Constipation, Dyspeptic troubles of the aged, Malaria

Preparation: *Abies nigra Mother tincture* is prepared from resins hardened in the air, seeping naturally or by tapping trunk or branches of Black spruce.^[1]

Ailments from: Abuse of tea or tobacco

Symptoms: Pain always occurs after eating. No appetite in the morning but craving for food at noon and night. Eructations with dyspepsia. Sensation of some indigestible substance lodged in the stomach. Patient remains awake and restless at night with hunger. Desires cucumber.

Useful for chronic intermittent fever accompanied by this peculiar distressing pain above the stomach.

Dose: *Abies nigra* Q, 5-20 drops *twice daily*; or 3X.

Abroma augusta

Clinical: Diabetes mellitus, Diabetes insipidus, Dysmenorrhoea, Amenorrhoea

Preparation: *Abroma augusta Mother tincture* is prepared from the leaves of Olat Kambal.^[1]

Symptoms: Ravenous hunger, insatiable thirst, frequent and profuse micturition, obstinate constipation, indignant and forgetful disposition with rapidly growing extreme debility and pronounced emaciation. In diabetes, frequent and profuse urination day and night; dryness of the mouth, great thirst, desire to drink after urination which relieves thirst, extreme exhaustion, fishy odor with sediments in urine, nocturnal enuresis, burning

in urethra, white ulcers in the mouth of prepuce caused by excessive passage of sugar in urine and inability to retain urine are the major symptoms. *Abroma augusta* is almost a specific remedy in female patients who have concomitant presence of severe spasmodic dysmenorrhoea.

The blood is dark and clotted, sometimes yellowish with scanty or profuse menstrual flow. Chlorosis, hysterical spasms, irregular menses and leucorrhoea are the other associated symptoms.

Dose: *Abroma augusta* Q, 5-10 drops thrice daily. In Diabetes mellitus three times a day and *Syzygium jambolanum* Q (Jamun), 5 drops twice daily.

In dysmenorrhoea and all complications associated with it give *Abroma augusta* Q, 10 drops every hour or oftener according to severity of the pain. During paroxysms *Passiflora incarnata* Q, 60 drops with an ounce of water at bed time to induce sleep.

After the cessation of menstrual period *Abroma augusta* 1X, 2 drops, *Xanthoxylum americanum* 1X, 2 drops and *Janosia ashoka* Q, 5 drops, each twice daily with an ounce of water. This medication is to be prescribed for three months.

Abrotanum

Clinical: Marasmus, Peritonitis, Nutrition (Protein), Veins, Rheumatism

Preparation: *Abrotanum Mother tincture* is prepared from the leaf and young shoot of the plant commonly called Southernwood.^[1]

Symptoms: It is a remedy in cases where poor assimilation of proteins is found. The patient is very cruel, violent, and does not have capacity to think. Food passes undigested. Patient suffers from lenteria, i.e., diarrhoea with passage of undigested food. There is ravenous appetite. The child eats well; still progressive

emaciation is well marked. The growth, retardation and wasting of subcutaneous fat and muscles of lower limbs is due to malnutrition. The patient looks like a little old sickly person. He suffers from alternate diarrhoea and constipation. The emaciation begins in the lower limbs and gradually spreads upward, so that the face is last affected. This remedy is opposite of *Lycopodium clavatum* and *Natrum muriaticum* and it reminds us of *Conium maculatum*. Abdomen is markedly bloated. They are sensitive to cold and damp weather. All symptoms are worse during night.

Rheumatic affections are caused suddenly after checked diarrhoea or from checked secretions. Metastasis is a marked feature found in *Abrotanum*.

Also useful for tubercular peritonitis with emaciation and marasmus from feet upward with constant bloated abdomen, patient losing flesh rapidly while living well with ravenous hunger.

Dose: *Abrotanum* Q, 2 drops four times a day or according to the severity of the case. *Carduus marianus* Q, 10 drops may be alternated with it.

Absinthium

Clinical: Seizures, Sleeplessness, Dyspepsia

Preparation: *Absinthium Mother tincture* is prepared from the leaf and flower of Wormwood which is an Indian drug from the mountainous region.^[2]

Symptoms: It is a very efficacious remedy in cerebral irritation, hysteria, infantile spasms, chorea, tremors, nervousness, excitement and sleeplessness in children. It is used for feeble memory, and incoherent speech. Attacks resemble hysteria. Epileptiform seizures, nervous tremors and sleeplessness precede attack. There is sudden and severe giddiness, delirium with hallucination and loss of consciousness. Several convulsions in quick successions.

Trembling of limbs, lips and tongue.

Vertigo, with tendency to fall backward and spasmodic facial twitching.

It is also useful in poisoning of mushrooms and spoilt sausages causing nausea, flatulent distension and colic.

Dose: *Absinthium* Q, 2 - 4 drops or 1X, 1 drop during paroxysm every 10 to 15 minutes otherwise four times a day.

Acalypha indica

Clinical: Bronchiectasis, Cough, Haemoptysis, Incipient phthisis, Lung cancer

Preparation: *Acalypha indica* *Mother tincture* is prepared from the whole plant especially leaves of Khokali or Indian nettle.^[1]
(Drugs of Hindoosthan)

Symptoms: The drug has gained reputation for its wonderful efficacy in instant relief and radical cure in the haemorrhage from lungs.

It is employed in the beginning of phthisis associated with hard, dry and severe cough followed by bloody expectoration. "Expectoration of profuse, pure bright red blood in the morning and dark clotted blood in the evening while violent teasing cough at night." Blood, that comes out, is bright red and not profuse in the morning, dark and clotted in afternoon. There is dullness of chest on percussion and severe pain in chest with progressive emaciation, night sweats and evening rise of temperature.

It has progressive emaciation, sense of weight in the stomach with sense of burning, flatulence, sputtering diarrhoea and rectal bleeding.

Dose: *Acalypha* Q, in the beginning 5 drops, four times daily in an ounce of water and afterwards 1X, 2 drops, four times daily.

Acenasia

Clinical: Diphtheria

Symptoms: Great languor, cold perspiration on the whole body, foetid breath, ulcer in pharynx, diphtheria and haemorrhage of dark blood.

Dose: *Acenasia* Q, 5-10 drops, every 2 hours. It may be complemented with a dose of *Diphtherinum* 200 in malignant diphtheria.

Achyranthes aspera

Clinical: Diarrhoea, Dysentery, Bad effects of dog and snake bite

Preparation: *Achyranthes aspera* Mother tincture is prepared from the whole plant excluding roots of Apamarga.^[2]

Symptoms: The drug is very effective in acute diarrhoea and cholera.

Stool is frequent, painless, watery, profuse, with mucous, extreme prostration, intense thirst, retention of urine and feeble pulse are the characteristic of this drug. Burning in stomach, sour eructation, occasional nausea and vomiting of water phlegm, drinks often but little at a time and the water is ejected as soon as it is taken like *Arsenic*, only lacking its restlessness. It is also beneficial in vertigo and pain in extremities. The skin symptoms include boils, carbuncles, red eruptions with foetid discharge from ulcers, and intense burning pain all over the body. It is useful in removing bad effects of dog, snake and other animal bites.

Dose: *Achyranthes aspera* Q, 5 drops every hour in emergency cases, otherwise thrice daily or 1X, 2 drops.

Acidum aceticum

Clinical: Anaemia, Marasmus, Diabetes, Haemorrhage after labor, Haemorrhoid

Preparation: *Acidum aceticum Mother tincture* is prepared from Glacial Acetic acid (CH₃COOH)^[1]

Symptoms: Useful for rejuvenating debilitated diabetic patients. It has the capacity to dissolve fibrinous and albuminous deposits. Sycosis with nodule formations in the joints. Hard chancre. The 1X solution will soften and cause formation of pus.

Active or passive haemorrhage with great thirst, not relieved by drinking. Bleeding from every mucous outlet. Profuse haemorrhoidal bleeding. **(Yingling)**

Dose: *Acidum aceticum* Q, 5-10 drops as required.

Acidum benzoicum

Clinical: Renal insufficiency, Gout

Preparation: *Acidum benzoicum Mother tincture* is prepared from an organic acid, obtained from Benzoin (a Balsamic resin) by sublimation.

Symptoms: It produces and cures symptoms of a uric acid diathesis with highly colored and very offensive urine, and gouty symptoms.

Dose: *Acidum benzoicum* Q, 5-10 drops as required.

Acidum carbolicum

Clinical: Collapse, Constipation, Burns, Vomiting of drunkards, Cancer

Preparation: *Acidum carbolicum Mother tincture* is prepared from Phenol.

Symptoms: It acts on central nervous system. Foul, putrid destruction of tissues. Increased olfactory sensibility. Very offensive breath. Burning in mouth till stomach. Fermentative dyspepsia.

Longing for whiskey and tobacco. Vomiting: of drunkards, in pregnancy, sea-sickness.

Cancer; of dark, olive-green fluid. Useful when burns tend to ulcerate and has ichorous discharge. Warts on cancer growth.

Dose: *Acidum carbolicum* Q, 5-10 drops as required.

Acidum muriaticum

Clinical: Typhoid

Preparation: *Acidum muriaticum Mother tincture* is prepared from Hydrochloric Acid.^[1]

Symptoms: This acid has an elective affinity for the blood, producing a septic condition similar to that found in low fevers with high temperature and great prostration. Patient becomes very weak. Decomposition of fluids. Involuntary stools while passing urine. Haemorrhages: mouth and anus chiefly effected. **(Boericke)**

Dose: *Acidum muriaticum* Q, 5-10 drops as required.

Acidum nitricum

Clinical: Fissures, Piles, Renal stones, Haemorrhage after Curettage

Preparation: *Acidum nitricum Mother tincture* is prepared from Nitric acid (HNO_3).^[1]

Symptoms: Useful for persons suffering from chronic diseases, and who catch cold easily. Excessive physical irritability. Cachexia, due to syphilis, scrofula, intermittent fever with liver involvement and anaemia, etc. Gravel; arthritis. Capillary bleeding after curettage. (**Boericke**)

Blisters and ulcers at mucous outlets like mouth, tongue and genitals which bleed easily. Fissures, with splinter like pain during stool, as if the rectum were torn. All discharges very offensive, especially urine, faeces, and perspiration. Disposition to diarrhoea.

Dose: *Acidum nitricum* Q, 5-10 drops as required.

Acidum phosphoricum

Clinical: Irritable Bowel Syndrome, Impotency, Chronic Fatigue Syndrome

Preparation: *Acidum phosphoricum Mother tincture* is prepared from Orthophosphoric acid [H_3PO_4].^[1]

Symptoms: Lethargy, despair, and lack of motivation. Mental debility first; later physical. Symptoms brought on by emotional trauma and stress, as opposed to *Kalium phosphoricum* which has physical breakdown as a result of prolonged adverse physical factors. It also occurs as a result of loss of fluids, similar to *China*.

Bereavement, a broken relationship, homesickness and other stresses can produce symptoms that need *Acidum phosphoricum* to put them right.

Dose: *Acidum phosphoricum* Q, 5-10 drops as required.

Acidum picricum

Clinical: **Neuraesthesia**

Preparation: *Acidum picricum Mother tincture* is prepared from Trinitro-carbolic acid. $[C_6H_2(NO_2)_3OH]$

Symptoms: Causes degeneration of the spinal cord, with paralysis.

Indicated in restoring the wasted and worn-out systems as an effect of tireless involvement in the study or business. It is of service in pernicious anaemia. Headache and brain fag of students and businessmen. Neurasthenia, acute ascending paralysis, cerebral hyperaemia, haemoglobinuria and leucocythaemia.

Satyriasis and priapism, acute dementia with prostration, burning in the spine, weakness of the legs, pain in the back and occiput. Locally used in eczema and burns.

Dose: *Acidum picricum* Q, 5-10 drops as required.

Acidum salicylicum

Clinical: **Acute rheumatism, Meniere's disease, Dyspepsia**

Preparation: *Acidum salicylicum Mother tincture* is prepared from Salicylic acid. $[C_6H_4(OH).CO.OH]$

Symptoms: This remedy is an antipyretic and an antiseptic. Extensively employed in acute articular rheumatism with serious effusions, which is aggravated by motion and touch. It is reported to be useful in rheumatic pharyngitis, tonsillitis and tinnitus.

It is of service in dyspepsia and putrid fermentation, when there is an excessive acidity of the stomach with a tendency to vomit.

Found to be useful in the management of ulceration and cancerous condition of the stomach and lungs, with persistent offensive breath and expectoration.

Dose: *Acidum salicylicum* Q, 5 drops twice daily or 1X/3X, 4 tabs twice daily.

Acidum sulphuricum

Clinical: Alcoholism

Preparation: *Acidum sulphuricum Mother tincture* is prepared from Sulphuric acid (H_2SO_4).^[1]

Symptoms: Internal trembling from head to foot. Extreme restlessness. The face in these conditions is rather pale with blue rings around the eyes.

The patient has a weak, cold, relaxed feeling about the stomach, with longing for some strong or stimulating drink, as brandy, and this too in persons who are not addicted to drinks. So weak is the stomach that they vomit all food; the ejected matters are very sour. This remedy has the power of modifying the thirst for spirituous liquors.

Dose: *Acidum sulphuricum* Q, 5-10 drops as required.

Acidum tannicum

Clinical: Nasal haemorrhage, Hyperhidrosis, Megacolon, Constipation

Preparation: *Acidum tannicum Mother tincture* is prepared from Tannic acid.

Symptoms: Mostly used locally to check excessive secretions of mucous membranes, to contract the tissues and stop haemorrhage. In Osmidrosis, corrects fetor of the perspiration. Obstinate

nervous coughs, haematuria and obstinate constipation. Pain in abdomen which is sensitive to pressure. Intestines can be felt like cylindrical enlargements.

Dose: *Acidum tannicum* Q, 5-10 drops as required.

Aconitum napellus

Clinical: Rheumatic fever, Collapse, Bowel inflammation and stomach disorder in summer

Preparation: *Aconitum napellus Mother tincture* is prepared from the whole fresh flowering plant Aconitum. Moisture contents of fresh plant 350 ml per 100 g solids are considered.^[1]

Doctrine of Signature: The helmet shape of the flower and the sepal arrangement resembles the shape of the heart. The flowers are purple in colour which directs its action on the veins. Leaves are segmented and further divided in multiples, indicating circulation of blood through veins and arteries. Aconite in small doses accelerates heart's action. The evidence of accelerated blood circulation is further strengthened by the presence of ferrous sulphate in the Mother tincture of this drug substance. The plant grows on dry rock with scarcely enough soil that enables to grow the root. This shows the hardiness. Similarly, Aconite has the hardiness in its function. It starts its action uninterrupted and unstopped from the womb up to the death.

Symptoms: *Aconitum* is like a great storm, which comes suddenly and violently, sweeps over and passes away in the same manner. The guiding symptoms of *Aconitum* are tension, suddenness and violence, physical and mental restlessness, fear and anxiety of mind, fright, dry and hot skin with rare sweat, intolerable pain, unquenchable thirst, active haemorrhage and complaints from exposure to cold and dry weather or draught of cold air. It causes turmoil in circulation. While prescribing *Aconitum* one

must remember that it causes only **functional disturbances**. It is indicated in the first stage of inflammation which is the **first stage of any disease**. **It has lungs and brain complaints in winter whereas bowel inflammations and stomach disorders in summer.**

This drug is useful in saving lives from inevitable death in the stage of collapse with “coldness of body, face cyanotic like a corpse, great agony, restlessness, fear of death, weakness of heart with regular beat but imperceptible pulse.”

In fever cold stage is more marked with cold sweat and icy coldness of face. There is evening chilliness soon after going to bed. Thirst and restlessness are always present. Dry heat with redness of face. Sweat drenching, on parts lain on; relieving all symptoms.

Dose: *Aconitum napellus* Q, 1 drop with cool water every 15 minutes.

In rheumatic fever when the temperature rises above 105°, *Aconitum* Q, 1 drop with cool water every 15 minutes. The temperature will soon be normal.

Aconitum radix

Clinical: Diarrhoea, Tetanic convulsion (tonic)

Preparation: *Aconitum radix* *Mother tincture* is prepared from the root of Monkshood.^[5]

Symptoms: It acts like a magic in “thin watery stools, vomiting of green, black and bilious substance, violent tenesmus and pain in abdomen, retention of urine, coldness and blueness of the whole body, respiration very difficult and cold, vertigo, pulse feeble and imperceptible” (**Yudhbir Sinha**). In tetanic convulsion there is chilliness, shivering and perspiration.

Dose: *Aconitum radix* Q, 1 drop in with cool water at an interval of every 15 minutes. In case of inability to swallow the remedy,

let the patient inhale the remedy purely dipped in cotton. It will prove a great saviour.

In tetanic convulsions, *Aconitum radix* 1X drop with an ounce of cool water every 15 minutes.

Adonis vernalis

Clinical: Heart disorders due to nephritis, Rheumatic heart

Preparation: *Adonis vernalis Mother tincture* is prepared from the Adonis entire fresh plant (without roots) which is a native of Northern Europe and Southern Siberia.

Symptoms: It acts predominantly on heart when it is affected after rheumatism, influenza or nephritis, where the muscles of the heart are in the stage of fatty degeneration. It regulates the pulse, increases the contracting power of the heart, with increased urinary secretion. It rectifies variation of the normal rhythm of the heartbeat.

It is valuable in cardiac dropsy, hydrothorax, ascites and anasarca. Pains wander from place to place.

Dose: *Adonis vernalis* Q, 5-10 drops (William Boericke), 10-60 drops (Blackwood)

Aegele folia and Aegele marmelos

Clinical: Dropsy, Diarrhoea, Dysentery, Impotency, Celibacy

Preparation: *Aegele folia Mother tincture* is prepared from Bilwapatra (Bel leaf) while *Aegele marmelos Mother tincture* is

prepared from the fruit (fresh pulp of unripe or half ripe fruit) of *Bel*.^[2]

Symptoms: This is a very efficacious drug in all kinds of local and general dropsy. Upper part of the eyelid swollen; dropsical swelling due to heart diseases. An excellent medicine in beriberi; ascites with or without fever.

Indigestion, abdominal colic, piles and constipation. Anorexia, water brash, disorder of stomach, flatulence; with loud noise, worse in the afternoon; amoebic and bacillary dysentery.

Dose: *Aegele folia* Q, 5 drops twice daily and alternated with *Boerhaavia diffusa* Q, 5 drops twice daily in dropsy. In persons desirous to maintain celibacy with calmness of libido *Aegele folia* Q, 2 drops twice daily with an ounce of cool water.

Aegele folia 200, once in a week removes impotency, restores sexual strength and vitality.

Aegele marmelos Q is efficacious in diarrhoea, dysentery where *Mercurious cor.* etc. has failed. It should be used in 5 to 20 drops in cool water at an interval of 2 to 3 hours according to the severity of the case.

Aesculus hippocastanum

Clinical: Haemorrhoid, Backache

Preparation: *Aesculus hippocastanum Mother tincture* is prepared from the ripe nut excluding the outer shell of Horse chestnut.^[2]

Doctrine of Signature: The Horse chestnut tree leaves are palmate compound with 5 to 7 leaflets and when leaves fall, distinct scar is left on twigs in the shape of horse shoe with the impression of nails. Similarly, in humans, sacrum is wedge shaped bone formed by fusion of five vertebrae below lumbar vertebrae

comprising of the posterior wall of pelvis. The guiding thread directing the use of *Aesculus* is found in rectum, haemorrhoidal vessels, sacrum and back. Impression of nails indicates towards portals, the avenue of the entrance of venous blood.

Symptoms: Haemorrhoids of *Aesculus* are blind, very painful, burning, purplish and rarely bleeding. Sometimes it has real blockage of the rectum due to the presence of innumerable haemorrhoidal knots thus making painful passage of large, hard, dry and knotted stool. A portion of anus protrudes and with it a bundle of piles looking like a bunch of grapes.

Constant severe dull backache in lumbosacral articulation. It is much aggravated by walking and stooping. There is a sensation of heaviness and lameness in the back.

Lameness in neck; aching between shoulder blades.

Dose: *Aesculus hipposactanum* Q, 5-10 drops thrice daily in an ounce of cool water.

Agaricus muscarius

Clinical: Chorea, Paralysis

Preparation: *Agaricus muscarius* *Mother tincture* is prepared from the whole young fungus except the outer skin.^[1]

Doctrine of Signature: Fly agaric or *Agaricus muscarius* has a look of brain, annulus is medulla and the stipe or the stem is similar to the spinal cord. The *Agaricus muscarius* acts on cerebrum, medulla and the spinal cord. *Vanadium* and *Selenium* are also present in the Mother tincture. The action of *Vanadium* is that of oxygen carrier and a catalyzer that finds use in wasting diseases. *Vanadium* increases the amount of haemoglobin, also combines its oxygen with toxins and destroys their virulence. It increases and stimulates phagocytes. The presence of *Selenium* is the reason for lascivious thoughts, with impotency, mental

labor, fatigue and uncompromising melancholy, debility and sexual atony which are found in *Agaricus muscarius*.

Symptoms: Involuntary movements while awake; ceases during sleep; chorea; from single motions and jerks of single muscles to trembling of whole body. Burning, itching and redness of various parts as if frost bitten.

There is in coordination of brain and spinal cord. It is indicated remedy in chorea and chorea like twitching, neuralgia and various troubles due to weak anaemic spine.

Dose: *Agaricus muscarius* Q, 5 drops in an ounce of cool water thrice daily.

Agave americana

Clinical: Strangury, Scurvy, Colic

Preparation: *Agave americana* Mother tincture is prepared from the leaf of Century plant.^[2]

Symptoms: It is indicated in gastralgia and painful erection in gonorrhoea. Strangury, scurvy; countenance pale, gums swollen and bleeding, legs covered with dark purple blotches, swollen, painful and hard. Appetite is poor and bowel constipated.

A striking case of this remedy is being quoted from **Lotus Materia Medica by Robin Murphy**. A boy developed the classical symptoms of Hydrophobia four and a half months after being bitten. Symptoms of quarrelsomeness, excitement, fright, inability to swallow, small frequent pulse and great anxiety were noticed. Finally swallowing was impossible, restraint had to be used to prevent him biting his nurses in the hospital. When, as a last resource, a piece of Agave was offered to the boy by the doctor in attendance, cut from the hedge of the plant with which the hospital grounds were fenced.

To the astonishment of all, the boy reached for it and ate it greedily, almost without chewing. By evening a disease in the violence of the nervous attacks was manifested, though they remained as frequent as before. The improvement was slow but steady. On the fourth day he took some food, but also continued chewing *Agave* and swallowing the juice. On the fifth day he recovered consciousness but still demanded *Agave*. On the eighth day he said he did not want any more as, "It tasted too bitter and caused burning in the mouth."

Here, the case has been mentioned to prescribe this remedy when a child does not swallow the food even after chewing due to strangury for it will give relief.

Dose: *Agave americana* Q, 5 drops thrice daily.

Agnus castus

Clinical: Impotency, Premenstrual syndrome, Hyperprolactinaemia

Preparation: *Agnus castus Mother tincture* is prepared from the fresh berries of Chaste tree.^[1,3]

Symptoms: Low sexual vitality with corresponding mental depression and loss of nervous energy. It shows distinctive influence in both sexes, but is more pronounced in men. It is of service in impotency in those who are suffering from indiscretion. The genitals are relaxed, flaccid and cold. There is no sexual desire. It is beneficial in the management of consequences of onanism and masturbation. Also a remedy for sprains and strains; tachycardia caused by tobacco in neurotic young men.

In diseases of women, there is a general relaxed condition of the genital organs with transparent leucorrhoea, an abhorrence of sexual intercourse and a sad, despondent mental condition. Premature old age from abuse of sexual power.

It causes prolactin inhibitory activity, which paves the way to use it scientifically for the effects of hyperprolactinaemia like production and spontaneous flow of breast milk, and disruptions in the normal menstrual period in women and hypogonadism, infertility and erectile dysfunction in men.

Dose: *Agnus castus* Q, 10 drops 2-3 times a day, or 1X and above.

Warning: Contraindicated in pregnancy as it may counteract the effectiveness of birth control pills.

Agraphis nutans

Clinical: Adenoid, Enlarged tonsil, Nasal polyp

Preparation: *Agraphis nutans* Mother tincture is prepared from the whole plant of Bluebell.^[1]

Symptoms: It is useful in catarrhal conditions causing obstruction of nostrils. Throat and ear troubles with tendency of free discharges from mucous membranes. “Adenoids with enlarged tonsils, frequently accompanying dentition.” (Dr Cooper) Deafness; diarrhoea from cold.

Dose: *Agraphis nutans* Q, in single drop doses or 1X.

Aletris farinosa

Clinical: Uterine haemorrhage, Prolapse, Leucorrhoea, Morning sickness (obstinate), Digestive atony with uterine disorder, Sterility

Preparation: *Aletris farinosa* Mother tincture is prepared from the rhizome and root of Star grass.^[2]

Symptoms: The most characteristic symptom is copious bleeding from uterus. Haemorrhage causes the uterus to fill up

with blood until it becomes distended and then the contents are expelled in large clots. Useful after an abortion, in connection with menstruation, relaxed or debilitated state of uterus and in weakness of the reproductive organs.

Gastric derangement connected with uterine disorders or in pregnant woman such as loss of appetite, distention of abdomen after eating fatty food, disgust for food, nausea along with tiredness of mind and body. It is suggested to prescribe *Aletris farinosa* Q, 5 drops in cool water thrice daily after meals along with *Symphoricarpus racemosa* Q, 5 drops twice daily in such cases of gastric derangement. It is a remedy of most inveterate painful constipation in such circumstances. There are violent pains in the rectum and anus. Stool is very large and hard, and most difficult to expel.

In oligomenorrhoea and leucorrhoea associated with **debility and anaemia** prescribe *Aletris farinosa* Q, 5 drops twice daily alternated with *Janosia ashoka* Q, 5 drops daily. This brings tonicity to the uterus and removes all irregularity of menses and complaints dependent on it.

It has been found useful for prolapsus uteri associated with general anaemia and scanty menstruation. The pains are gripping and clutching in the right inguinal region extending down to the thigh. It is a tonic for anaemic females who always want to lie down, feels tired.

It is useful in sterility and chlorosis. It renders uterus free from all defects and enables sterile women to give birth to a live baby. The other symptomatic remedies must be given along with *Aletris* to remove the associated defects.

Dose: *Aletris farinosa* Q, 5 drops in cool water thrice daily.

Alfalfa

Clinical: Typhoid (treatment supplement), Marasmus, Deficient development, Agalactia, Acidity, Supplement in Tuberculosis and Rheumatism, Aid to assimilation of Phosphorus and Calcareo carbonicum

Preparation: *Alfalfa Mother tincture* is prepared from the whole plant excluding roots of California clover.^[2]

Doctrine of Signature: *Alfalfa* being a leguminous plant has nitrogen fixing quality and thus enriches precious proteinous substances. It is more resilient and enriched with nutrients of exceptional quality. It also contains vitamin D, an anti-rachitic compound and Vitamin B complex concerned in amino acid metabolism. Its pH value is 7.4. The alkalinity or the quality of being alkaline is an excellent property of *Alfalfa*.

Symptoms: It is a tremendous healer of intestines during and after Typhoid or in convalescence period with the gain in weight due to toning up of appetite and improvement in the vigour. It is to be given in the stage of recovery from Typhoid in Mother tincture 15 - 20 drops three times daily. There is always a loss of weight in Typhoid with Irritable Bowel Syndrome. As it acts on sympathetic nervous system, *Alfalfa* favourably influences nutrition. It has been evidenced in toning up the appetite and digestion resulting in greatly improved mental as well as physical vigour with gain in weight.

Alfalfa is rich in nutrients; augments fat and protein metabolism. It is a great tissue builder and in turn increases weight. Mother tincture is given to gain weight wherever it is needed. It also increases the quality and quantity of milk in nursing mothers. It is to be used along with *Lac defloratum* 200 weekly in cases where lactation is diminished due to the use of antibiotics or from any other reasons. Sometimes it can also be used along with *Urtica urens* Q to enhance the lactation or in cases of agalactia.

The quality of being alkaline (pH value 7.4) is an excellent property of *Alfalfa*. Alkaline substances in the food item keep the ailments at bay, keep acid-base balance at optimum level and also retards ageing to some extent. *Alfalfa*, thus, always helps in recovery after the ailments and also in recovery after surgery.

Alfalfa possesses oestrogenic properties. It helps in production of female sex hormone compounds and is responsible for female sex characteristic development. It is used as a tonic in regulation of menstrual cycle and menopausal problems along with the symptomatic treatment.

Alfalfa Q may be used as a supplement during the treatment of Tuberculosis along with *Hydrastis canadensis Q* alternatively. They help to regain the weight by improving appetite, digestion and by helping the disease fighting mechanism.

It neutralises uric acid in the system. It is, thus, useful in rheumatic diathesis as a supplement. Its pronounced urinary action suggests, it is clinically helpful in Diabetes insipidus and phosphaturia. It reduces the irritability of urinary bladder in prostatic hypertrophy. ***Alfalfa Q*, 10 drops thrice with assimilation remedies like Calcarea carbonica, Phosphorus, etc. is an excellent aid in a condition due to Vitamin D deficiency**, especially in infancy and childhood with disturbances of normal ossification, which is commonly known as rickets or marasmus.

Dose: *Alfalfa Q*, 5-10 drops of thrice or four times a day in cool water.

In convalescence after serious diseases such as Pneumonia, Typhoid etc. *Psorinum 200*, single dose should be given along with *Alfalfa* for the restoration of strength and prevention of recurrence of the disease.

Alnus serrulata

Clinical: Aphthae, Leucorrhoea with erosion, Amenorrhoea with erosion, Erosion of skin after eruptions

Preparation: *Alnus serrulata Mother tincture* is prepared from the bark of evergreen and redwood forests found in Northern California to Alaska.^[2]

Symptoms: It is useful in indigestion from impaction of gastric juice. Mucous membranes of mouth and throat ulcerate. Pain in rectum after stool and heaviness in head as after being drunk the night before. It stimulates nutrition and thus acts favourably in strumous disorders, goitre and cures enlarged glands.

It is of equal value in leucorrhoea with erosion of cervix, which bleeds easily. Amenorrhoea, with burning pains from back to pubis.

Dose: *Alnus serrulata* Q, 5 drops thrice daily.

Aloe socotrina

Clinical: Diarrhoea, Dysentery, Haemorrhoids

Preparation: *Aloe socotrina Mother tincture* is prepared from the inspissated juice of the leaves of Aloe.^[2]

Symptoms: The stool is mostly transparent, jelly like, semi-liquid in diarrhoea which resembles like inspissated juice taken out from the leaves of the plant. *Aloe socotrina* haemorrhoids are described in proving like **bunch of grapes** which is a reflection of small tubular bunch of densely clustered pendant of flowers at the apex. The **sensation of insecurity** in the prolapse of rectum is similar to the insecure pulp guarded by the thorny edged leaves bending towards the ground. The appearance of leaves seems full

of Juicy pulp as if not a drop can be accommodated further. *Aloe* patient has peculiar engorgement of the portal veins with great fullness.

The diarrhea is treacherous and the patient does not have a proper sense of the accumulation of faecal matter in the rectum. There is loss of power in the sphincter. The mental control and the reflex action are lost. The patient has to hurry to the closet driving out of the bed early in the morning or immediately after eating and drinking with want of confidence in sphincter ani. The patient is afraid to pass flatus for fear that stool will escape uncontrolled. The urging for stool is great, he runs for the closet, but unfortunately even before he gets to it, his clothes are soiled. Constipation precedes diarrhoea. Solid, marble like stool and masses of jelly like mucous pass involuntarily.

Constant backache, bearing down sensation in the rectum and sensation of fullness are important in the selection of this remedy. The haemorrhoids are mostly moist due to constant mucous secretion from the anus.

It is valuable for uterine haemorrhage with feeling of great heaviness of uterus and sensation of a plug.

Dose: *Aloe socotrina* Q, 2 drops with cool water four times daily.

Alstonia scholaris

Clinical: Malaria, Anaemia, Feeble digestion, Tonic after exhausting fevers

Preparation: *Alstonia scholaris* Mother tincture is prepared from the stem and bark of Dita which is an evergreen tree native to the Indian subcontinent.^[2]

Symptoms: It is useful as a tonic for intestines. Sinking sensation in abdomen from lack of digestive capacity and debility are the characteristic symptoms of this remedy. He suffers from diarrhoea

of undigested food immediately after eating; even he has to leave the table before finishing the meat.

It is considered as a better substitute of quinine. It brings down the temperature gradually and without causing perspiration or exhaustion. Malarial disease with diarrhoea, dysentery, anaemia, feeble digestion is the general conditions suggesting this remedy. *Alstonia* is a great tonic for weakness and rundown constitution due to suffering from malaria or other fever for a long time, also a tonic for intestines and weakness due to haemolytic anaemia.

Dose: *Alstonia scholaris* Q, 5 drops thrice daily in beginning and 1X, 1 drop thrice daily.

Ambrosia artemisiaefolia

Clinical: Hay fever, Epistaxis, Lachrymation and intolerable itching of the eyelids

Preparation: *Ambrosia artemisiaefolia* Mother tincture is prepared from the whole plant of Ragweed.^[2]

Symptoms: A remedy for Hay fever, lachrymation, intolerable itching of the eyelids, epistaxis, watery coryza, sneezing, stuffed up feeling of the nose and head. Asthmatic attacks with irritation of trachea and bronchial tubes.

Dose: *Ambrosia artemisiaefolia* Q, 10 drops in an ounce of water during and after attacks of epistaxis. In other cases, 5 drops four times a day.

Ammi visnaga

Clinical: Vitiligo

Preparation: *Ammi visnaga* Mother tincture is prepared from the dried ripe fruits of Visnaga.^[3]



Symptoms: Indicated in depigmented skin patches, white spots (vitiligo) on skin.

Dose: *Ammi visnaga* Q, 10-20 drops twice or thrice daily depending on the case. Externally applied (with cotton) in cases of vitiligo in the morning and the parts exposed to sunlight for few minutes or as creams.

Amygdalus persica

Clinical: Vomiting, Morning sickness of pregnancy, Diabetes type II

Preparation: *Amygdalus persica* Mother tincture is prepared from the flowers of Peach tree.^[2]

Symptoms: A most valuable remedy in vomiting of various kinds; constant nausea and vomiting, morning sickness of pregnancy.

It is very efficacious in gastric irritation of children; food of any kind is not tolerated. There is loss of smell and taste. Gastric and intestinal irritation; when the tongue is elongated and pointed, tip and edges red.

Dose: *Amygdalus persica* Q, 2 drops every two hours or thrice daily.

Amyl nitrosum

Clinical: Hypertension, Angina pectoris, Palpitation, Menopause

Preparation: *Amyl nitrosum* Mother tincture is prepared from Nitrite of Amyl ($C_5H_{11}NO_2$).^[1]

Symptoms: Flushing of face, heat, and throbbing in the head -superficial arterial hyperaemia is rapidly cured.



On inhaling this drug, it rapidly dilates all arterioles and capillaries. Helps in flushing and other discomforts of climacteric. Pulsations occur all over the body. For palpitation of the heart and similar conditions, the remedy is an unmistakable prescription.

Dose: *Amyl nitrosum* Q, to be inhaled by patients of Hypertension (palliation). *Amyl nitrosum* 3X to be administered thereafter.

Anacardium orientale

Clinical: Sudden loss of memory, Pain in stomach, Lack of confidence, Elephantiasis

Preparation: *Anacardium orientale Mother tincture* is prepared from the resinous juice of seed of the Marking nut.^[1]

Symptoms: It is a remedy of lack of confidence and weak memory. There is sudden loss of memory. The patient oscillates between good and evil will. Pain in stomach which comes on only when it is empty and is relieved by eating.

Dose: *Anacardium orientale* Q, to be complemented with the well selected remedy according to totality of symptoms of the patient. In Elephantiasis, *Anacardium* 1 X, 1 drop thrice daily on failure of *Hydrocotyle asiatica*.

Anagallis arvensis

Clinical: Allergic skin rash, Urticaria, Expulsion of splinters

Preparation: *Anagallis arvensis Mother tincture* is prepared from the whole plant (when the leaves are at their best) of the Scarlet pimpernel.^[2]

Symptoms: *Anagallis* is derived from the Greek word ‘Anagelao’, signifying ‘to laugh,’ because it removes the depression that follows

liver troubles. There is great itching and tingling everywhere. Bran-like, ring-shaped tetter on skin and face; vesicles in groups. It favours expulsion of splinters.

Dose: *Anagallis arvensis* Q, 5-10 drops in severe cases. Boericke recommends higher potencies.

Andersonia rohitaka

Clinical: Chronic fever, Malaria, Constipation, Hepatic and spleen enlargement

Preparation: *Andersonia rohitaka* *Mother tincture* is prepared from the stem and bark of Rohitaka.^[2]

Symptoms: This remedy has proved its efficacy in acute as well as chronic malaria. The stage of fever includes:

- **Chill:** Paroxysm of chill at about 4 p.m. Vertigo before chill.
- **Heat:** Intense burning and flashes of heat in palms, soles, face and eyes. There is dryness of mouth with intense thirst for cold water. Violent nausea after drinking.
- **Sweat:** Absence of perspiration
- **Prodromal stage:** Bitter taste in mouth, pain in enlarged spleen and liver, pulse full and bounding. It is also useful in constipation with dry and hard stools in malarial patients.

Dose: *Andersonia rohitaka* Q, 5 drops thrice daily in the beginning and 1X dilution in 1 drop thrice daily.

Apocynum androsaemifolium

Clinical: Rheumatism

Preparation: *Apocynum androsaemifolium* *Mother tincture* is prepared from the rhizome and root of the poisonous spreading Dog bane.^[2]

Symptoms: Everything smells or tastes like honey. Body feels heavy and trembles with desire to sleep. There is swelling sensation of face and actual swelling of hands and feet. Pains are of wandering nature with much stiffness and drawing. The pains go from above downwards. Most violent pain in all the joints. He is worse when breathing and turning to left side. Itching in body and face. Whole body sweats profusely. It is a great remedy in combination with *Gautteria Q* and *Guaiacum Q*.

Dose: *Apocynum androsaemifolium Q*, 5 drops in an ounce of water four times a day.

Apocynum cannabinum

Clinical: Dropsy, Ascites, Digestive complaints, Bright's disease (nephritis)

Preparation: *Apocynum cannabinum Mother tincture* is prepared from the rhizome and root of Indian hemp.^[2]

Symptoms: There is an unnatural collection of watery fluid in all parts of the plant. The plant contains calcium sulphate and sodium sulphate. Apocynum cannot assimilate water. The water goes into the cellular tissues causing a dropsical condition with or without organic disease. The excretions are all diminished. The **urine is scanty** and urinary troubles are exceedingly troublesome. **No sweating** whatever may be the symptoms and complaints. Swelling of every part of the body, with scanty urine and sweat, feels he would get well only when he sweats. In it, everywhere the functions are impaired, in skin, kidneys, bowels, uterus and all, tends towards the formation of dropsy.

This is one of our efficient remedies in dropsies, ascites, anasarca and hydrothorax. Swelling of every part of the body, with scanty urine and sweat, feels he would get well only when he sweats.

In the digestive complaints of Bright's disease with nausea, vomiting, drowsiness and difficult breathing.

Dose: *Apocynum cannabinum* Q, 10 drops thrice daily.

Aqua ptychosis

Clinical: Digestive disorders

Preparation: *Aqua ptychosis Mother tincture* is prepared by Oil (Dr Yadubir Sinha)

Symptoms: It is a very valuable remedy in digestive disorders; indigestion, dyspepsia, flatulence, diarrhoea and heartburn. Burning in stomach near liver region and repeated loose motions of undigested food.

Dose: *Aqua ptychosis* Q, 5 drops, four times daily.

Aquilegia vulgaris

Clinical: Globus hystericus, Dysmenorrhoea

Preparation: *Aquilegia vulgaris Mother tincture* is prepared from the whole plant of Columbine in blossom.^[2]

Symptoms: It is a useful remedy in globus and clavus hystericus with sleeplessness. Nervous trembling of body, sensitive to noise and light.

Dysmenorrhoea of young girls. Menses scanty, with dull, painful, nightly increasing pressure in the right lumbar region. (Dr Yadubir Sinha)

Dose: *Aquilegia vulgaris* Q, or 5 drops of 1X thrice daily.

Aralia racemosa

Clinical: Asthma, Hay fever, Suppressed menses, Leucorrhoea

Preparation: *Aralia racemosa Mother tincture* is prepared from the root of American spikenard.^[1]

Symptoms: A remedy for asthmatic conditions with dry cough aggravated on lying down. Cough occurs at 11pm after a short sleep. Loud wheezing respiration comes on immediately on lying down at midnight. Inspiration is very loud and more difficult than expiration. The right lung appears more affected than the left. On turning to left side, it seems that left side is affected and right side becomes quite free. As the attack passes off, phlegm becomes more free. Phlegm is salty and there is a feeling of warmth in the mouth. The patient feels as if a foreign body were in the throat. The least current of air causes sneezing with copious watery excoriating nasal discharge of salty acrid taste. Profuse drenching perspiration while sleeping. Extremely sensitiveness to draughts.

Menses suppressed; leucorrhoea foul smelling, acrid, with pressing down pain, Lochia suppressed, with tympanitis.

Dose: *Aralia racemosa* Q, 5 drops four times daily.

Aranea diadema

Clinical: Malarial poisoning

Preparation: *Aranea diadema Mother tincture* is prepared from the whole Papal-cross spider.^[2]

Symptoms: All spider poisons powerfully affect the nervous system. It is a right sided haemorrhagic remedy. Violent haemoptysis of bright red blood in debilitated subjects. Patient feels as if parts were enlarged and heavy. Wakes up at night with sensation, as if hands were twice their natural size. Pains are like

electric shocks. Creeping sensation as if ants all over the body. Hydrogenoid constitution, i.e., abnormal sensitiveness to damp and cold, inability to live near fresh water, lakes, rivers or in damp, marshy chilly places.

Better by movement and smoking tobacco in open air. Worse from cold damp weather and cold bathing.

The marked indications are loquaciousness with painful attacks in the beginning and ending abruptly. Aggravation from mental exertion and amelioration from pressure and heat.

It is a very useful remedy in intermittent fever with swollen spleen. All symptoms of *Aranea* are characterised by periodicity and coldness with great susceptibility to dampness. It is the remedy for the constitution favourable to malarial poisoning, where every damp day or place favours chilliness. There is swelling of spleen after suppression of malaria by quinine. Patient feels coldness in every bone which is not relieved by anything.

Dose: *Aranea diadema* Q, 3-5 drops thrice daily. It is to be taken in alternation with *Ceanothus americana*.

Arbutus andrachne

Clinical: Eczema, Rheumatism

Preparation: *Arbutus andrachne* Mother tincture is prepared from young shoots of Greek Strawberry tree.^[2]

Doctrine of Signature: The Strawberry tree sheds its bark annually which gives the signature of its use in skin diseases.

Symptoms: A remedy for eczema associated with gouty and rheumatic symptoms. Lumbago symptoms shift from skin to joints. The larger joints are principally affected and the slightest movements set up inflammation.

Dose: *Arbutus andrachne* Q, 5 drops thrice daily.

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